

Club	Area	Days	Times	Contact name	Contact number	Contact name1	Contact number1
Kelston Twilight Walkers	Kelston CC	Tuesday pm	7pm	Joy Martin	818 6084		
Blue Top Walkers - FULL	Henderson Squash Centre	Tuesday and Thursday am	9am	Terry Wilson	814 9523 or 021 266 1071		
Titirangi Fitness Walkers	Titirangi	Monday to Thursday pm		Miranda Simmons	817 9677	Louise Nicholson	817 7455
Glen Eden Walkers	Oratia Bowling Club	Tuesday am		Ethel Denscombe	818 3561		
Glen Eden Athletic Club Walkers	Glen Eden	Wednesday pm and Saturday am		Neil Turner	817 6230		
Henderson Seniors Walking Group	Henderson	Friday am	9am	Alene Couchman	818 2580		
Lynndale Amateur Athletic and Harrier Club	New Lynn	Wednesday and Sunday am		Mic Baker	626 3232		
Massey Athletic Club	Massey	Sunday am		Shena McGregor	09-412 8076		
Massey Joggers and Walkers	Massey	Sunday am	8am	Kerry Watt	09-838-6665 or 021 517049		
Summerland Walkers	Summerlands CC Henderson	Thursday am	9.15am	Max Eyes	09-837-4787	Lyn Mountier	09 838 1599
Te Atatu Joggers and Walkers Club	Te Atatu Peninsula	Sunday am		Malcolm	09-834-4101	Diane or Graham	09-834-4423
The Happy Wanderers Walking Group	Titirangi Library then into ranges	Wednesday am	8.30am	Brian Ashmore	09-817-4562 or 027-471-3038		
Titirangi Walkers and Joggers	Titirangi	Sunday am		John Harris	09-817-7212		
West Harbour Active 35+ Walking Group	West Harbour	Friday am		Lorna Lyon	09-416-7871		
Womens Outdoor Pursuits Inc	Everywhere	Tuesday, Thursday, Sunday	See their website	Harriet Ambler	09-486-6284	Sandra Townsend	09 478 7194
West Auckland District Tramping Club	Ranges	Sunday am		www.trampwest.co.nz			
Te Atatu Peninsula Walkers	Te Atatu Peninsula CC	Monday, Wednesday, Friday am		Mary Jones	09 834 6989		