

# Building Kids **RICH** in Character

## New Physical Education Resource for Teachers

Quantum Sport has been working with specialist educationalists in the field of Health and Physical Education to develop a resource for Primary School teachers. The resource will assist them in the teaching of the Health and Physical Education component of the new curriculum.

The basic philosophy follows the line that the key fundamentals that create champions in PE and sport are the same as those that create champions in life. The development of key fundamentals in PE will help students to develop and make sense of:

- Skill, technique, strategy and tactics in game play
- Life skills e.g. self control, making choices, attitude, respect etc. within the PE context

The programme makes explicit connections between the learning in “game play” and the “game of life”. It focuses on high participation, competence and confidence and recognises that students are different therefore the document can be treated as fluid not prescriptive. The teacher is the facilitator so questioning is a significant part of the teaching and learning.

The programme has been running as a trial at Red Beach School and Dawson Road Primary Schools since 2008. At Red Beach School 2 primary trained teachers are teaching as specialists in PE, while at Dawson Road Primary the senior syndicate classroom teachers are running the programme.

Implementation of the programme offers in depth professional development for the staff in the teaching of the programme

An assembly style school “Launch” sees a Team Quantum Ambassador, all of whom are NZ sporting icons, come to speak to the children.

Teachers are provided with the planning document to implement the programme in their classrooms. Planning includes game play planning, character focus planning, PPTs, video clips, discussions, extra reading material, role plays, individual and group reflections.

Quantum Sport is currently seeking more schools to come on board as Pilot Schools to complete the next stage of programme development. The programme has received endorsements from Barry Maister (NZIOC), Pat Lam (Blues Coach), Dr Jane Magnusson (Senior Lecturer Sports Psychology Auckland University), Sue Emerson (Head of Sport UNITEC) and DJ Graham.

### For more information please contact:

Sue Morris

Ph: 307 0323

Mobile: 021 173 6214

Email: [sue.morris@quantumsport.com](mailto:sue.morris@quantumsport.com)

Web: [www.quantumsport.com](http://www.quantumsport.com)



**QUANTUM** Sport

# Publish your Students' Work with Feet First



This spring, one primary school will have the opportunity to professionally publish a picture book on active travel, written and illustrated by their students.

The Feet First Picture Book Competition is designed to get schools thinking about active travel. The competition is part of the Feet First Walk to School Every Week initiative which promotes safe walking in fun and unusual ways.

To enter the competition, a class (or a group within a class) must write and illustrate a picture book based on active travel. Schools can create their book on paper or in a digital format. The story can be fiction or non-fiction, serious or humorous – it's up to the students to decide!

A professional picture book writer/book editor and picture book illustrator/book designer will visit the winning class or group to enable a workshop in Term 4. They will work with the winners on their picture book and help them prepare it for publication.

At [www.feetfirst.govt.nz](http://www.feetfirst.govt.nz) teachers can download an entry pack and a copy of Getting Started, which is a booklet packed full of lesson activities, guidelines and hints for budding authors, artists, designers and editors.

Jennie Gianotti, Education Manager at the NZ Transport Agency, said: "This is a wonderful opportunity to get students working collectively on a creative project that brings together reading, writing, visual language and art. At the same time, schools can use the competition to promote safe and active forms of travel."

Every student at the school of the winning class or group will receive a free copy of the book when it's published and Feet First will host a book launch party at the winning school. A copy of the book will also be sent to every primary school library in New Zealand.

The competition is open to New Zealand schools that are registered for Feet First (Years 1-8). Schools who haven't yet signed up can register at [www.feetfirst.govt.nz](http://www.feetfirst.govt.nz)

## Heart Foundation Jump Rope for Heart

Jump Rope for Heart is the Heart Foundation's curriculum-linked physical activity programme for schools.

It is a long-standing fundraiser for schools and the Heart Foundation.

The Heart Foundation are inviting schools to take part in the all new 'Jumping June' or 'Skipping September'. There are exciting prizes for the students and all the

coordinators are eligible for a free cook book.

**To find out more and register for the Jump Rope for Heart programme visit:** [www.digivillage.org.nz](http://www.digivillage.org.nz) or email [jrfh@nhf.org.nz](mailto:jrfh@nhf.org.nz)

